

DO YOU HAVE AN ALLERGY?




- STARTERS & SHARERS -

- Truffle Tempura Broccolini**  10  
Dusted w/ Black Truffle Parmesan w/ Sweet Chilli & Ginger Jam
- King Prawn Cocktail**  10.5  
Shredded Iceberg, Julienne Carrot, Lemon, Paprika, Marie Rose sauce & Gluten Free Bread
- Ahi Tuna** 12  
Pan Fried Sesame Seed Crusted Tuna, Spring Onion, Fried Onions, Soya, Sriracha Mayo, Sweet Chilli & Ginger Dressing
- Crisp Fried Calamari** 12  
Light & Crispy Calamari with Sriracha Mayo 
- Jamaican Jerk Chicken Thigh Bites**  12  
Served w/ Spring Onions, Fried Sweet Plantains, Crushed Chillies & a Sour Cream Dip
- Burrata & Heritage Tomato Salad** 12.5  
w/ Balsamic Reduction, Heritage & Beef Tomatoes, Pesto Oil & Fresh Micro Basil
- Halloumi Batons**   12.5  
Garlic Aioli & Pomegranate Seeds
- Arens Rock Shrimp Tempura**  13  
Light & Crispy Battered King Prawns tossed in Creamy Dynamite Sauce topped with Sesame Seeds, Spring Onion & Red Chili
- Home Cooked Nachos**  Serves 2 13  
Homemade Cheese Sauce, Salsa, Sour Cream & Jalapenos  
 LEVEL UP Add Guacamole - 3 -or- BBQ Beef -or- BBQ Pulled Pork - 5




- BREAD & OLIVES -

- Mixed Pitted Marinated Olives** 6
- Arens House Buns - A secret family recipe freshly baked every day*
- Arens House Buns Basket**  LEVEL UP Add Whole Camembert Fondue & Cranberry Chutney Dip - 9.5 
- Garlic Arens House Buns**  LEVEL UP Add Melted Cheese - 2 5

- LIGHT DISHES & SALADS -

- Rainbow Sliders** - Also Available as a Starter! 14.5  
Buttermilk Fried Chicken , a Cheeseburger & Tempura Shrimp
- BBQ Smoked Pulled Pork & Crunchy Chicken Tacos** 13  
BBQ Sauce, Salsa, Slaw, Coriander, Grated Cheese & Fried Onions
- Slow Cooked Hickory BBQ Beef Bao Bun** 12.5  
BBQ Sauce, Red Chillies, Grated Carrots, Spring Onions, Coriander, Sesame Seeds & Sour Cream
- Mexican Ranch Salad**  13  
Tomatoes, Tortilla Chips, Jalapeños, Charred BBQ Sweetcorn, Cherry Tomatoes, Leaf Mix & Ranch Dressing  
 LEVEL UP Add BBQ Beef -or- Grilled Chicken -or- BBQ Pulled Pork - 5

All our dishes are prepared in kitchens where nuts, flour etc. are commonly used, so unfortunately we cannot guarantee our dishes will be free of traces of these products. Olives may contain stones, fish & meat dishes may contain bones, all dishes may contain items not mentioned in the menu description. All prices include VAT at current rate.




 Vegetarian Option  Vegan Option  Gluten Free Option

**i** PLEASE NOTE  
WE ARE A CASHLESS VENUE  
CARD PAYMENTS ONLY

**A R E N S**  
BAR & GRILL

 Get Free WIFI  
at Arens Now

- CLASSIC DISHES -


- Buffalo Cauliflower Bits**  15  
Fried Cauliflower Fleurets tossed in Frank's Buffalo Sauce served w/ Coconut Rice & Grilled Tender-stem Broccolini
- Coconut & Chickpea Curry**  18  
Seasonal Vegetables & Flavoured Rice
- Salmon Teriyaki**  25  
Coconut Rice, Grilled Tenderstem Broccolini, Fried Onions, Sesame Seeds & Spring Onions
- Arens Beef Steak in Red Wine Sauce** 28.5  
A Family Recipe Perfected Over Decades, Succulent Slow Cooked 10oz Beef Steak, Chestnut Mushrooms, Bacon Lardons, Caramelized Shallots in a Rich Red Wine Sauce Served with Creamy Mash

- STEAKS -

Served with Rocket, Arens Slaw, Seasoned House Fries & Grilled Tomato

- 200g Rump 24.5
- 220g Sirloin 34.5
- 200g Fillet 37

Exclusive Partnership  
**DONALD RUSSELL**  
INVERURIE, ABERDEENSHIRE

 LEVEL UP Add a Steak sauce:  
Bearnaise, Peppercorn or Garlic Butter - 2

- GRILL SPECIALS -

All served with Rocket, Arens Slaw, Seasoned Fries & Grilled Tomato

- Makers Mark BBQ Chicken Thigh Skewer** 18.5  
Onions & Homemade Cheese Sauce with Mozzarella & Cheddar
- 500g St Louis BBQ Pork Rack of Ribs** 28  
Candied Orange, Sesame Seeds & Fried Onions

- ARENS COMBOS -

- Chicken, Ribs & Onion Rings** 34  
Louisiana Cajun Half Chicken, St Louis BBQ Ribs & Beer Battered Onion Rings
- Chicken, Pork & Mac** 31  
Louisiana Cajun Half Chicken, Pit Smoked Pulled Pork & Mac & Cheese Croquettes
- Chicken, Beef & Shrimp** 33  
Louisiana Cajun Half Chicken, Hickory Smoked Pulled Brisket & Popcorn Shrimp

- BURGERS & SANDWICHES -

**ALL WITH ARENS BUNS & SAUCES** 

All served with Lettuce, Tomatoes, Onions, Arens Slaw & Seasoned Fries

- New Orleans Po' Boy Shrimp Sandwich**  15.5  
Tempura Shrimp, Pickles, Spring Onion, Red Chillies & Sriracha Mayo in a Charcoal Seeded Bun
- Classic Fried Chicken Burger** 17  
Crunchy 100% Chicken Breast, Pickles, Sriracha Mayo & Monterey Cheese on a Arens House Bun
- Fried Chicken Tikka Masala Burger** 19  
Crunchy 100% Chicken Breast Dipped in Tikka Masala Sauce, Spring Onion, Sweet Chilli, Jalapeños, Onion Bhaji, Cheese & Garlic Mayo
- Arens Ultimate Bacon Cheese Melt** 17.5  
Two Grilled Juicy Beef Patties, Smoked Streaky Bacon, Monterey Cheese, Pickles & Arens Special Sauce on a Arens House Bun
- Arens Plant Burger**  19.5  
Chargrilled Plant Based Patty, Flat Mushroom, Monterey Cheese, Makers Mark BBQ sauce, Fried Onions & Pickles on a Arens House Bun
- Mac Melt** 18  
Two Grilled Juicy Beef Patties, Monterey Cheese, Mac & Cheese, Garlic Breadcrumbs, Pickles & Arens Special Sauce on a Arens House Bun


- PIMP YOUR FRIES - EXTRA 4 -

Upgrade any fries on the menu. Make 'em...

- Black Truffle**  
Cheese Sauce, Parmesan, Black Truffle
- Dirty**  
Cheese Sauce, Bacon, Onions, Cajun Seasoning, Tomato, Spring Onion
- Toronto "Poutine"**  
Cheese Sauce, Arens Gravy, Onions
- Tex-Mex**  
Cheese Sauce, Sweetcorn, Black Beans, Jalapeños, Tomato Salsa

OR HAVE THEM ON THEIR OWN - 10

- SIDES -

- Arens Slaw** 4.5
- Chef's Salad** 4.5
- Broccolini** 5
- Sweet Potato Fries** 4.5
- Seasoned Fries** 4.5
- Creamy Mash** 5
- Mac & Cheese** 10
- Onion Ring Tower** 10
- Halloumi Batons**  12.5

- SIGNATURE COCKTAILS - 14 -

- Rose Gin & Tonic**  
Gin, Peach Liqueur, Lemon Juice, Sugar Syrup, Rose Lemonade & Mint
- Raspberry Mojito**  
Raspberry, Mint, Syrup, Lime Juice, White Rum, Raspberry Purée & Soda
- Pink Fluff**  
Vanilla Vodka, Chambord, Cranberry, Bubbegum Syrup & Candy Floss
- Gin Garden**  
Hendricks, Cucumber Juice, Elderflower & Apple Juice
- Pornstar Martini**  
Vanilla Vodka, Passion Fruit and Lime Juice, with a Shot of Prosecco
- Espresso Martini**  
Vodka, Espresso, Kahlua Liqueur
- Atlantis Mojito**  
White Rum, Passion Fruit, Lime, Mint, Soda and Sugar Syrup
- Strawberry Daiquiri**  
Strawberry Puree, Rum, Lime & Sugar
- Strawberry Frost**  
Rum, Strawberries, Lime, Coconut
- Pink Martini**  
Raspberry & Tart lemon, Red Berries & Gordon's Pink



**Mama Mia**  
Vodka, Creme De Cassis, Bubbegum Syrup, Pineapple and Cranberry Juice

14

20

**A PIRATES LIFE FOR ME!**  
Spiced Rum, Benedictine, Cherry Brandy, Lime Juice, Peach Puree & Pineapple Juice  
Ideal For 4 People



- FAVOURITE COCKTAILS - 12 -

- Aperol Spritz**  
Aperol, Soda & Prosecco
- Cosmopolitan**  
Vodka, Cointreau & Cranberry
- Long Island Iced Tea**  
Vodka, Gin, Tequila, Rum, Cointreau, Lime Juice & Pepsi
- Sex On The Beach**  
Vodka, Peach Schnapps, Orange, Cranberry
- Bramble**  
Pink Gin, Raspberry Liqueur, Lemon Juice & Raspberry Syrup
- Mojito**  
Lime, Sugar, Fresh Mint, & Rum
- Aku Aku**  
Pineapple Juice, White Rum, Peach Liqueur, Fresh Mint, Sugar Syrup & Lemon Juice
- Pina Colada**  
White Rum, Pineapple & Cream
- Old Fashioned**  
Bourbon, Sugar Syrup & Angostura Bitters
- Margarita**  
Tequila, Lime Juice, Salt & Cointreau



**COCKTAIL TREE**  
12 Glasses Per Tree  
Cost per glass including offer

House Prosecco - 5.5  
House Champagne - 9  
Pornstar Martini - 11  
Gin Garden - 11

- MOCKTAILS - 8 -

- The Vetruian**  
Cloudy Apple Juice, Elderflower Cordial, Lime Juice & Tonic Water
- Harry Potter Butter Beer**  
Vanilla Cream Soda, Butterscotch & Whipped Cream
- Elixir**  
Rhubarb Syrup, Lime Juice, Strawberry, Mint & Ginger Ale

- DESSERT - 10 -

- Choco Express**  
Martell vs. Captain Morgan Dark Rum, Chocolate Syrup & Espresso
- Dulce De Leche**  
Vodka, Baileys, Caramel Syrup, Toffee Caramel & Single Cream

Have you heard about our delicious Sunday Roasts?



- NON-ALCOHOLIC SPIRITS -

All Non-Alcoholic Spirits are 50ml and come with a Mixer

|                                       |    |
|---------------------------------------|----|
| Lyre's American Malt - Bourbon Style  | 10 |
| Lyre's Premium Dry London - Gin Style | 10 |
| Lyre's Pink London - Pink Gin Style   | 10 |
| Lyre's Dark Cane - Dark Rum Style     | 10 |

- PREMIUM SPIRITS -

All Spirits are 50ml and come with a Mixer

Gin

|                                  |    |
|----------------------------------|----|
| Tanqueray London Dry             | 10 |
| Bombay Sapphire                  | 10 |
| Beefeater Blackberry             | 10 |
| Edinburgh Gin - Rhubarb & Ginger | 12 |
| Hendrick's                       | 12 |
| Roku Japanese Craft              | 12 |
| Monkey 47 Schwarzwald Dry        | 15 |

Rum

|                               |    |
|-------------------------------|----|
| Plantation Trinidad Original  | 10 |
| Havana 7 Year Old             | 10 |
| Mount Gay Barbados            | 12 |
| Wray & Nephew White Overproof | 12 |
| Flor De Cana 12 Year          | 12 |

Whisky

|                            |    |
|----------------------------|----|
| Johnnie Walker Black Label | 10 |
| Maker's Mark Bourbon       | 10 |
| Dalwhinnie 15 Year Old     | 14 |
| Proper Twelve Whisky       | 12 |
| Monkey Shoulder            | 12 |
| Macallan 12 Year Old       | 15 |

Vodka

|                         |    |
|-------------------------|----|
| Grey Goose              | 12 |
| Belvedere               | 12 |
| Au Vodka Fruit Punch    | 12 |
| Au Vodka Black Grape    | 12 |
| Au Vodka Red Cherry     | 12 |
| Au Vodka Blue Raspberry | 12 |
| Au Vodka Bubblegum      | 12 |

Brandy

|                            |    |
|----------------------------|----|
| Courvoisier VS             | 10 |
| Martell VS                 | 10 |
| Hennessy VS                | 12 |
| Remy Martin VSOP           | 10 |
| Remy Martin XO Premier Cru | 58 |

House spirits available on request.  
There is a £2 supplement cost for Red Bull & ginger beer.

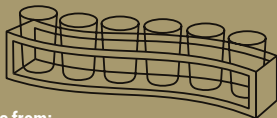
- SHOOTERS - 8 -

|                           |   |
|---------------------------|---|
| <b>Jam Doughnut</b> ..... | Baileys & Chambord with a sugar crusted rim   |
| <b>Jäger Bomb</b> .....   | Jäger shot, with half a can of energy drink   |
| <b>Skittle Bomb</b> ..... | A Jäger bomb, with Cointreau instead          |
| <b>Head Shot</b> .....    | Kahlua, Baileys and a squirt of whipped cream |
| <b>B52</b> .....          | Kahlua, Baileys and Cointreau                 |

- SHOT BOARDS -

6 SHOTS PER BOARD  
Pick your combo

|                |  |
|----------------|--|
| <b>VOKDA</b>   | 25ml DSTLD Vodka Liqueur - Choose from:<br>Lemon, Salted Caramel, Cherry, Coconut, Espresso or Pomegranate   |
| <b>TEQUILA</b> | 25ml Tequila 1800 Coconut<br>25ml Tequila Cazcabel Honey Liqueur<br>25ml Tequila Rose Strawberry Cream Liqueur<br>Extra Supplement Charge £3 each<br>25ml Tequila Patron Anejo<br>25ml Tequila Patron Silver<br>25ml Tequila Cazcabel Coffee Liqueur<br>25ml Tequila 1800 Grand Reserva Reposado |



25

- BOTTLED & DRAUGHT BEER -

|  |        |
|--|--------|
| <b>Amstel Lager 568ml (Half/Pint)</b> .....        | 4/6.75 |
| <b>Birra Moretti Lager 568ml (Half/Pint)</b> ..... | 5/7.15 |
| <b>Beavertown Neck Oil 568ml (Pint)</b> .....      | 8.5    |
| <b>Guinness Surger 568ml</b> .....                 | 7.8    |
| <b>Peroni Lager 330ml</b> .....                    | 5.25   |
| <b>Peroni Libera (Alcohol Free) 330ml</b> .....    | 4.5    |
| <b>Sol Original Lager 330ml</b> .....              | 4.5    |
| <b>Doom Bar Ale Bottle 500ml</b> .....             | 6.6    |
| <b>Magners Cider 568ml</b> .....                   | 6.75   |
| <b>Old Mout Kiwi &amp; Lime 500ml</b> .....        | 8      |
| <b>Old Mout Strawberry &amp; Apple 500ml</b> ..... | 8      |

- HOT & COLD DRINKS -

|   |      |  |     |
|---|------|--|-----|
| <b>Pepsi, Diet Pepsi</b> .....                      | 3.5  | <b>Tea</b> .....                                 | 3   |
| <b>or Lemonade</b> .....                            |      | <b>Earl Grey, Breakfast, Green or Mint</b> ..... |     |
| <b>Rose Lemonade</b> .....                          | 5.75 | <b>Espresso</b> .....                            | 3   |
| <b>Apple &amp; Raspberry J20 275ml</b> .....        | 4    | <b>Filter Coffee</b> .....                       | 3   |
| <b>Ginger Beer</b> .....                            | 5.75 | <b>Latte</b> .....                               | 3.5 |
| <b>Appletiser 275ml</b> .....                       | 4.9  | <b>Cappuccino</b> .....                          | 3.5 |
| <b>Red Bull</b> .....                               | 4.85 | <b>Fresh Juice</b> .....                         | 4   |
| <b>Bottle Water (Small)</b> .....                   | 3.5  | <b>Bottle Water (Large)</b> .....                | 5   |
| <b>Bottle Water (Large)</b> .....                   | 5    | <b>Hot Chocolate</b> .....                       | 3.5 |
| <b>NEW Trip CBD Infused 250ml</b> .....             | 5    | <b>Baileys Hot Chocolate</b> .....               | 8   |
| <b>Elderflower Mint or Peach &amp; Ginger</b> ..... |      |  |     |

- WHITE WINE -

**Arens House White**  
125ml - 6.7 • 175ml - 7.4 • 250ml - 9.6 • Bottle - 24.8

**Bel Canto Pinot Grigio Catarratto - Italy**  
Nectarine, apricot and peach are in perfect balance  
125ml - 8.7 • 175ml - 9.6 • 250ml - 12.4 • Bottle - 32.1

**Languore Trebbiano Chardonnay Rubicone - Italy**  
Intense, with tropical fruit and flowers  
125ml - 9.1 • 175ml - 10 • 250ml - 12.9 • Bottle - 33.5

**Bantry Bay Chenin Blanc - South Africa**  
Delicate floral notes and subtle pineapple fruit  
125ml - 9.7 • 175ml - 10.7 • 250ml - 13.8 • Bottle - 35.9

**Fernlands Sauvignon Blanc - New Zealand**  
125ml - 10.3 • 175ml - 11.4 • 250ml - 14.7 • Bottle - 38.1  
Gooseberry and green pepper mingle with mango and guava

**Valle Berta Gavi - Italy** • Bottle - 37.7  
Characteristic aromas of lime zest and minerality

**El Cante Albariño - Spain** • Bottle - 37.7  
Nectarine, apricot and peach are in perfect balance

**La Cape De St Martin Chablis** • Bottle - 60  
Refreshing and clean, with subtle mineral complexity

- RED WINE -

**Arens House Red**  
125ml - 6.7 • 175ml - 7.4 • 250ml - 9.6 • Bottle - 24.8

**Gufetto Montepulciano - Italy**  
Scents of red and black berries w/ a peppercorn spicy aroma  
125ml - 8.8 • 175ml - 9.7 • 250ml - 12.5 • Bottle - 32.4

**Crescendo Merlot - Italy**  
Notes of red berries, extraordinarily round and complete  
125ml - 8.9 • 175ml - 9.7 • 250ml - 12.6 • Bottle - 32.6

**Camino Acero Malbec - Argentina**  
Juicy Malbec with lots of pure blackcurrant fruit character  
125ml - 9.8 • 175ml - 10.8 • 250ml - 13.9 • Bottle - 36.2

**Five Ravens Pinot Noir - Romania** • Bottle - 36  
Classic bright red fruit flavours and spicy note you would expect

**Conde De Castile Reserva, Rioja - Spain** • Bottle - 38.1  
Harmonious blend of dried, stewed fruits and nuances of leather, vanilla and tobacco

**Esprit de Lussac, St-Emilion - Bordeaux** • Bottle - 43.6  
Juicy black fruit on the nose and cranberry on the palate

**MILKSHAKES**  
- 10.5 -  
Available Until 10pm

Oreo Biscoff

Nutella Vanilla

- ROSÉ -

**Crescendo White Zinfandel - Italy**  
Balance between soft tannins, acidity and residual sugar  
125ml - 9.8 • 175ml - 10.7 • 250ml - 13.9 • Bottle - 36

**Bel Canto Pinot Grigio - Italy**  
Delicate, fresh, with a good structure  
125ml - 10.1 • 175ml - 11.1 • 250ml - 14.3 • Bottle - 37.1

**Whispering Angel Rosé 2019 - France** • Bottle - 60  
Elegant hints of peach, rose water and summer berries

- SPARKLING WINE -

**Arens House Prosecco - Italy** • By Glass - 9 • Bottle - 37  
**Non Alcoholic Prosecco** • 200ml Bottle - 10

- CHAMPAGNE -

**Arens House Champagne** • Bottle - 55

**Moët & Chandon Impérial Brut** • Bottle - 75  
A perfect balance of Pinot Noir, Chardonnay and Pinot Meunier

**Veuve Clicquot Yellow Label Brut** • Bottle - 90  
A fine balance between fruity aromas and more subtle toasty notes

**Laurent-Perrier Champagne Cuvée Rosé Brut** • Bottle - 100  
Freshness and unique aromas of fresh-picked red berries

**Louis Roederer Cristal** • Bottle - 350  
Aromas of crushed white flowers, ripe citrus and red berry fruits

- PORT & DESSERT WINE -

**Croft Reserve Tawny** - 125ml - 8.2  
Dried apricot, roasted almonds & walnuts

**Elysium Black Muscat - California** - 125ml - 9.5  
Beautiful soft strawberry flavours with floral notes

- SMOOTHIES - 7 -

**Arens Passion**  
Pineapple, Mango,  
Passion Fruit

**Tropical Punch**  
Mango, Pineapple,  
Strawberry, Kiwi, Coconut

**Strawberry & Banana Split**  
Strawberry, Banana

**Green Machine**  
Kale, Spinach, Mango

PLEASE NOTE: If you require a bottle that is not on this menu, please do not hesitate to ask and we will do all we can to provide it for you.