

ARENS BAR & GRILL

Summertime MENU

Arens Summertime Decor Sponsored By
Heather Fulker at
Viva Creative Flower Company

@vivacreativeflowercompany

TEAR OFF

Viva

INFO ABOUT OUR NEW SERVICE

- WE HAVE LESS STAFF THAN USUAL SO SOCIAL DISTANCING IS EASIER •
- WAIT TIMES FOR DRINKS AND FOOD MAY TAKE SLIGHTLY LONGER THAN USUAL •
- WE CURRENTLY HAVE A LIMITED MENU COMPARED TO THE ORIGINAL ARENS MENU •
- PLEASE EXCUSE OUR STAFF AS THEY WILL REGULARLY CLEAN SURFACES DURING SERVICE •
- WHEN YOU ORDER FOOD OR DRINK YOU WILL BE ASKED BY OUR SERVER TO PAY AS YOU GO •
- WE CURRENTLY TAKE CARD PAYMENTS. NO CASH • WE CURRENTLY CAN'T OFFER TABS ON ANY TABLES •
- WE WILL NOT ADD A SERVICE CHARGE TO YOUR BILL BUT YOU HAVE A DISCRETIONARY CHOICE TO GIVE OUR STAFF A TIP •



STARTERS

Six Flame-Grilled Marinated BBQ Chicken Wings Toasted Sesame Seeds, Sour Cream & Chive Dip	7.5
Light & Crispy Calamari Fritti Aioli, Chilli Jam & Salad & Spring Onion Garnish	8.5
Breaded Portobello Mushroom (v) Stuffed with Ricotta & Spinach with a Pomodoro Sauce & Salad Garnish	6
Mediterranean 'Pil Pil' Prawns With Cherry Tomato, Garlic, Sweet Chilli, Fresh Basil, Scallions & Olive Oil with Garlic Bread	9.5
New England Clam Chowder with Oyster Crackers	7
Sharer 1 (Serves Two) BBQ Chicken Tulips, Calamari, Stuffed Mushrooms, Beef Corn Dogs, Nachos & Garlic Bread	16
Sharer 2 - Home Cooked Nachos (v) (Serves Two) Topped with Mozzarella & Cheddar Melted Cheese, Tomato Salsa, Sour Cream, Guacamole & Jalapenos	8
Sharer 3 - Burrata Mozzarella (v) (Serves Two) Sun-dried Tomatoes, Cherry Tomatoes, Pesto, Chutney, Olives, Garlic Ciabatta, Freshly Baked Bread Rolls	14

BREADS, FONDUES & OLIVES

Mixed Bread Basket (v) with Baked Whole Camembert Fondue & Chutney Dip	4.5 LEVEL UP - Add 5.5
Garlic Bread (v)	3.5
Garlic Bread With Melted Cheese (v)	4.5
Mixed Pitted Marinated Olives (v)	5.0

SIDES

All 3.4	
Seasoned Fries	Onion Rings
Wilted Spinach	Flavoured Rice
Grilled Spanish Vegetables	Items below 4.5
Mashed Potato	Sweet Potato Fries
Onion & Tomato Salad	Grilled Camembert Slice
Dressed Gem Lettuce Wedge	Halloumi Fries
Steamed Tenderstem Broccoli	Grilled Halloumi & Tomato



Our award-winning Beef is selected & produced by Donald Russell, from cattle which have been fed on a natural, grass-based diet. This is easily identifiable through it's unique succulent, tenderness & flavour. Donald Russell are royal warrant holders since 1984 and a trusted supplier to H.M the queen.

STEAKS

Steaks Served with Seasoned Fries & Dressed Gem Lettuce Wedge	
200g* Finest Fillet of Beef Recommended Medium-Rare	36
340g* Prime Ribeye Steak Recommended Medium	35
280g* Sirloin Steak Recommended Medium-Rare	27
200g* Pave' Rump Steak Recommended Medium	15
Add to any Steak above	
Garlic & Herb Butter	1.5
Barbeque Rack of Ribs	14
Marinated Chicken Skewer	11
Steak Sauces	1
Béarnaise - Peppercorn - Mushroom Stroganoff - Red Wine Gravy	

POULTRY/PORK & HANGING MEAT SKEWERS

Served with Flavoured Rice, Corn Cob & Dressed Gem Lettuce Wedge. Note - Skewers come w/ Roasted Peppers & Onions.	
600g Rack of Barbeque Pork Ribs	18.5
1200g Rack of Barbeque Pork Ribs	26
BBQ Ribs & Flame Grilled Marinated Chicken Skewer	26
Flame-Grilled Marinated Chicken & Chorizo Skewer	16
Flame-Grilled Marinated BBQ Chicken Skewer with Caramelized Onion & Melted Cheese	16.5
Flame-Grilled Minted Leg of Lamb Skewer	21
Flame-Grilled Sweet Chilli Jumbo King Prawn Skewer	33

BURGERS

All served in a Brioche Bun with Caramelized Onions, Mayo, Arens Special Salad & Seasoned Fries	
Prime Fillet Cheese-Steak Burger Add 170g Beef Patty	16 LEVEL UP - Add 5
Arens Ultimate Cheeseburger & Bacon	15
Grilled Chicken Burger	14
Arens Posh Dog	14
King Prawn Tempura Burger Brioche Bun, Spicy Mayonnaise, Crushed Avocado, Baby Gem & Seasoned Fries	25

FISH, SALADS & VEGETARIAN

Flame-Grilled Halloumi, Courgette & Pepper Skewer (v) Flavoured Rice & Dressed Gem Lettuce Wedge	15
Hand Battered Fish Dressed Gem Lettuce Wedge, Mushy Peas, Seasoned Fries & Tartar Sauce	15
Caesar Salad (v) Iceberg Lettuce, Parmesan, Cherry Tomatoes, Cucumber, Anchovies, Croutons & Classic Dressing with Grilled Chicken	12 LEVEL UP - Add 4
Grilled Fillet of Salmon Roasted Spanish Vegetables, Provençal Sauce & Flavoured Rice	16.5
Veggie Fried "Buttermilk Chicken Fillet(s)" & Waffle w/ Maple Syrup (v) Seasoned Fries & Dressed Lettuce Wedge	15
Veggie "Beef" Cheeseburger (v) Brioche Bun with Caramelized Onions, Mayo, Arens Special Salad & Seasoned Fries	12

DESSERTS

Rich Chocolate Fudge Cake Parcel - Vanilla Ice Cream	7
Sticky Toffee Pudding & Salted Caramel Popcorn Rich Toffee Sauce & Vanilla Ice Cream Make it a Sizzling Dessert!...	7 LEVEL UP - Add 1
Crème Brûlée with a Nutella® Surprise Home-Made Shortbread Biscuits	7
Chocolate Peanut Butter Fudge Slice Caramel Sauce & Clotted Cream	8
Boozey Baked Cheesecake A Berry Compote Marinated in Prosecco	8
Lemon Sorbet, Raspberry Couli & Fresh Mint	5
Lemon & Panna-Cotta Tart - Clotted Cream	6.5
Vanilla Ice Cream 4.5	4.5
Chocolate Ice Cream 4.5	4.5
Vegan Salted Caramel	6
Chef's Cheese Selection Served with Grapes, Chutney, Baked Breads & Biscuits	10

DESSERT COCKTAILS

Espresso Martini	10
Dulce De Leche Martini	10
Arens Lemon Tart Martini	10

See reverse for our extensive drinks menu, Beers, Wines, Cocktails & Shooters!



All our dishes are prepared in kitchens where nuts, flour etc. are commonly used, so unfortunately we cannot guarantee our dishes will be free of traces of these products. Olives may contain stones, fish & meat dishes may contain bones, all dishes may contain items not mentioned in the menu description. Our beef burgers are served 'medium' as standard. Please notify your server if you would like your burger 'well done'. All prices include VAT at current rate. (V) Vegetarian Option, (*) Approximate Uncooked Weight

BOTTLED & DRAUGHT BEER

Amstel Lager 568ml (Half/Pint)	3/4.5
Birra Moretti Lager 568ml (Half/Pint)	4/5.5
Maltsmiths IPA 568ml	5
Guinness Surger 568ml	5
Peroni Lager 330ml	4.2
Sol Original Lager 330ml	4.2
Desperados Tequila Lager 330ml	5.4
Doom Bar Ale Bottle 500ml	5
Magners Cider 568ml	5.5
Old Mout Kiwi & Lime 500ml	6.5
Old Mout Strawberry & Pomegranate 500ml	6.5

BRANDY & COGNAC

50ml Courvoisier VS Cognac	10
50ml Martell VS Fine Cognac	10
50ml Hennessy Very Special Cognac	10
50ml Rémy Martin VSOP Champagne Cognac	10
50ml Rémy Martin XO Premier Cru Cognac	29

SHOOTERS (ALL 6.5)

Jam Doughnut - Emerald Isle - Jäger Bomb - Head Shot
Jekyll & Hyde - Skittle Bomb - Dirty Leprechaun
Slippery Nipple - Alien Brain Haemorrhage - B52

HOT & COLD DRINKS

Pepsi, Diet Pepsi or Lemonade	3
Fresh Juice	4
Bottle Water (Small)	2.5
Bottle Water (Large)	4
Tea - Earl Grey, Breakfast, Green or Mint	2.5
Espresso	2.5
Filter Coffee	2.5
Latte	3
Cappuccino	3
Americano	2.5
Liqueur Coffees	7
Hot Chocolate	3

Cocktails

ARENS FAVOURITES

SIGNATURE

10

Mojito
Refreshing muddled lime, sugar and fresh mint, topped up with rum and served over crushed ice.

Strawberry Daiquiri
A blend of strawberry puree and rum with a hint of citrus lime juice and sugar.

Cosmopolitan
Vodka and Cointreau mixed with cranberry juice and garnished with an orange peel flame. Served in a traditional martini glass.

Sex on the Beach
Vodka and peach schnapps layered on top of ice, topped with orange and cranberry juice. Finished with a dash of grenadine.

Pina Colada
A tropical combination of Havana coconut white rum, pineapple juice and cream.

Long Island Iced Tea
Vodka, gin, tequila, rum and Cointreau mixed with fresh lime juice then layered on top of Pepsi cola.

Aku Aku
Pineapple juice, white rum, peach liqueur, fresh mint, sugar syrup & lemon juice.

Bramble
Gin, raspberry liqueur, lemon juice & sugar syrup.

Caipirinha
Cachaca, Sugar syrup & lime juice.

Aperol Spritz
Aperol, Soda & Prosecco.

Negroni
Gin, Red Vermouth & Campari.

Ameretto Sour
Amaretto, lime juice, egg whites & sugar syrup.

Old Fashioned
Bourbon, Sugar syrup, bitters, rosemary & cloves.

Gin Basil Smash
Gin, sugar syrup, lime juice & fresh basil.

Cucumber Mint Martini
Gin, fresh mint, fresh cucumber, sugar syrup & lemon juice.

Espresso Martini
Vodka, Freshly Brewed Espresso, Kahlua Liqueur.

12

NEW Summertime Gimm's Spritz
Gin, Pimms, Fresh Strawberries, Cucumber, Oranges, Mint and Lemonade topped up with Prosecco.

Pornstar Martini
Signature vanilla blend vodka shaken with smooth passion fruit and lime juice. Served with a shot of Prosecco on the side.

Pink Fluff
Vanilla Vodka, Chambord, cranberry, Bubblegum syrup & candy floss.

Pure Passion Cocktail
Vodka, orange juice, lemonade, caramel syrup & Passion Fruit puree.

Bright Eyes
Gin, Passion Fruit liqueur, apple juice, Passion Fruit puree, sugar syrup & lime juice.

Rose Gin & Tonic
Gin, peach liqueur, lemon juice, sugar syrup, lemonade, mint & fresh orange juice.

The Dragon
Dark Rum Spice, Raspberry liqueur, cranberry juice sugar syrup, lime juice & dragon fruit.

Raspberry Mojito
Raspberries, Mint leaves, Syrup, Lime Juice, White Rum, Raspberry Rum and Soda Water

WINE - PORT - PROSECCO - CHAMPAGNE

WHITE

Arens House White 125ml - 4 • 175ml - 4.5 • 250ml - 6.1 • Bottle - 17.25
Bel Canto Pinot Grigio Catarratto - Italy Nectarine, apricot and peach are in perfect balance. 125ml - 5.5 • 175ml - 6 • 250ml - 8.0 • Bottle - 22.7
La Tierra Rocosa Sauvignon Blanc - Chile Flavours of pineapple, lemon sherbert and tropical fruit. 125ml - 5.9 • 175ml - 6.4 • 250ml - 8.5 • Bottle - 24
Bantry Bay Chenin Blanc - South Africa Delicate floral notes and subtle pineapple fruit. 125ml - 6.2 • 175ml - 6.7 • 250ml - 9.1 • Bottle - 25.6
Kokako Sauvignon Blanc - New Zealand - Bottle - 30.7 Gooseberry, and tropical spectrum. Citrus backbone.
Valle Berta Gavi - Italy Characteristic aromas of lime zest and minerality. 125ml - 8.4 • 175ml - 8.9 • 250ml - 12.1 • Bottle - 34.3
El Cante Albariño - Spain Nectarine, apricot and peach are in perfect balance. 125ml - 8.4 • 175ml - 8.9 • 250ml - 12.1 • Bottle - 34.3
Chablis Cape St Martin - Burgundy - Bottle - 46.5 Focused green fruit character and elegant mineral texture.
Chassagne-Montrachet, Dom. Picard - Bottle - 65 Arguably the worlds most prestigious white wine appellation.

SPARKLING WINE

Arens House Prosecco - Italy By Glass - 7.0 • Bottle - 40.00
Zarlino Prosecco DOCG (Vegan) NV - Bottle - 40.00

RED

Arens House Red 125ml - 4 • 175ml - 4.5 • 250ml - 6.1 • Bottle - 17.25
Gufetto Montepulciano - Italy Scents of red and black berries w/ a peppercorn spicy aroma. 125ml - 5.7 • 175ml - 6.2 • 250ml - 8.3 • Bottle - 23.30
Crescendo Merlot - Italy Notes of red berries, extraordinarily round and complete. 125ml - 5.6 • 175ml - 6.1 • 250ml - 8.1 • Bottle - 23.1
Beauté du Sud Malbec - France Blackberries, plums and blueberries, with a touch of spice. 125ml - 5.8 • 175ml - 7.3 • 250ml - 9.7 • Bottle - 27.3
St Desir Pinot Noir - French Regions - Bottle - 29.8 Showing violets and sweet red berries on the nose.
Conde De Castile Reserva, Rioja - Spain - Bottle - 34.7 Harmonious blend of dried, stewed fruits and nuances of leather, vanilla and tobacco.
Esprit de Lussac, St-Emilion - Bordeaux - Bottle - 40 Juicy black fruit on the nose and cranberry on the palate.
Châteauneuf-du-Pape, Les Puits Neuf - Bottle - 60 Showing violets and sweet red berries on the nose.

PORT & DESSERT WINE

Croft Reserve Tawny Dried apricot, roasted almonds and walnuts. 125ml - 8.2 • Bottle - 46.6
Elysium Black Muscat - California Beautiful soft strawberry flavours with floral notes. 125ml - 9.5 • Half Bottle - 33

ROSE

Crescendo White Zinfandel - Italy Balance between soft tannins, acidity and residual sugar. 125ml - 5.9 • 175ml - 6.4 • 250ml - 8.6 • Bottle - 24.2
Bel Canto Pinot Grigio - Italy Delicate, fresh, with a good structure. 125ml - 6.3 • 175ml - 6.8 • 250ml - 9 • Bottle - 25.7
Whispering Angel Rosé 2019 - Italy Elegant hints of peach, rose water and summer berries. Bottle - 55

CHAMPAGNE

Arens House Champagne	35
Moët & Chandon Impérial Brut A perfect balance of Pinot Noir, Chardonnay and Pinot Meunier.	55
Veuve Clicquot Yellow Label Brut A fine balance between fruity aromas and more subtle toasty notes.	70
Laurent-Perrier Champagne Cuvée Rosé Brut Memorable for its freshness and unique aromas of fresh-picked red berries.	90
Dom Pérignon With notes of wild flowers, ripe mangos and anise this champagne is a sensory adventure.	180
Louis Roederer Cristal Aromas of crushed white flowers, ripe citrus and red berry fruits.	350

PLEASE NOTE: If you require a bottle that is not on this menu, please do not hesitate to ask and we will do all we can to provide it for you.