

SUNDAY ONLY









PLEASE NOTE WE ARE A CASHLESS VENUE. CARD PAYMENTS ONLY.

ARENS






BAR & GRILL

Get Free WIFI at Arens Now

STARTERS & SHARERS






- CRISP FRIED CALAMARI** 11.5
Light & Crispy Calamari with Sriracha Mayo
- BURRATA**  12.5
Burrata, Basil, Heritage Tomato, Rocket, Basil Oil & Toasted Focaccia
- HALLOUMI BATONS**   11
Garlic Aioli & Pomegranate Seeds
- BUFFALO CAULIFLOWER BITS**  8
Crisp Fried Cauliflower bits tossed in Frank's Buffalo Sauce with Celery & Garlic Mayonnaise
- BOURBON BBQ FRIED CHICKEN WINGS** 12
Sesame Seeds, Celery & Buttermilk Ranch Sauce
- ARENS ROCK SHRIMP TEMPURA** 8
Light & Crispy Battered King Prawns tossed in Creamy Dynamite Sauce topped with Sesame Seeds, Spring Onion & Red Chili
- KING PRAWN COCKTAIL**  10
Shredded Iceberg, Julienne Carrot, Lemon, Paprika, Marie Rose sauce & Gluten Free Bread
- HOME COOKED NACHOS SHARER**   15
Topped with Homemade Cheese Sauce, Guacamole, Salsa, Sour Cream & Jalapenos
 **LEVEL UP** Add Spicy Beef - 5

BREADS, FONDUES & OLIVES

- ARENS HOUSE BREAD**  6.5
 **LEVEL UP** Add Baked Whole Camembert Fondue & Cranberry Chutney Dip - 9.5
- GARLIC BREAD**  3.5
- GARLIC BREAD WITH MELTED CHEESE**  5
- MIXED PITTED MARINATED OLIVES**  5



SALADS & TACOS

- CRISPY CHICKEN ASIAN TACO'S** 14
Julienne Vegetables, Sweet Chili & Peanut Sauce, Fresh Chili, Spring Onion, Sesame Seeds & Coriander
- HOUSE QUINOA SALAD**  12.5
Asparagus, Pomegranate, Omega Seeds, Feta Cheese & Seasoned Yogurt Dressing
 **LEVEL UP** Add Grilled Halloumi - 5 
 **LEVEL UP** Add Grilled Chicken - 5
- MEXICAN RANCH SALAD**  13
Sun-Dried Tomatoes, Tortilla Chips, Jalapeños, Charred BBQ Sweetcorn, Cherry Tomatoes, Leaf Mix & Ranch Dressing
 **LEVEL UP** Add Spicy Beef - 5
 **LEVEL UP** Add Grilled Chicken - 5
 **LEVEL UP** Add Grilled Halloumi - 5

SUNDAY ROAST

- All Served with Chefs Seasonal Vegetables, Roast Potatoes, Yorkshire Puddings & Gravy
- 12OZ CHICKEN** 19
Pigs in Blankets, Onion & Sage Stuffing & Bread Sauce
 - RARE ROAST SIRLOIN OF BEEF** 19
 - DONALD RUSSELL SLOW-COOKED MINTED LAMB SHANK** 20
Honey Parsnips
 - ROASTED GLOUCESTERSHIRE PORK & APPLE STUFFING ROULADE*** 19
Caramelised Apple & Crackling.
*Due to the nature of cut, this can be a fatty dish
 - ARENS ULTIMATE MIXED ROAST** 26
A Selection of Four Meats
 - VEGETARIAN ROAST**  15.5
A Mix of Brown Rice, Cashews & Mushrooms, Topped with Sweet Cranberries, Crunchy Cashews & Chestnuts. Served with Onion Gravy & Yorkshire pudding (contains eggs).
 - CHILDRENS ROAST** 10
4oz Roast Chicken, Yorkshire Pudding, Roast Potatoes, Chef's Vegetables & Gravy
-  **LEVEL UP** WHY NOT ADD A FEW EXTRAS TO YOUR ROAST?



STEAK

- Our Beef comes from our local Butcher in Ruislip from cattle who are fed on a natural diet of grass and hay. Butchered by hand and dry-aged for 45 days, improving flavour and tenderness.
- SIRLOIN STEAK - 12OZ** 29.5
Served with rocket, Arens slaw, Seasoned House Fries & Grilled Tomato
-  **LEVEL UP** Add a Steak sauce: Bearnaise, Peppercorn or Garlic Butter - 2

BURGERS

- ARENS ULTIMATE BACON CHEESE MELT** 15.5
Beef Patty, Smoked Streaky Bacon, Monterey Cheese, Pickles, Onion, Tomato, Lettuce & Garlic Aioli on a Soft Glazed Bun
 **LEVEL UP** Double Decker - 5
- ARENS PLANT BURGER**  17.5
Plant Based Patty, Flat Mushroom, Monterey Cheese, Makers Mark BBQ sauce, Fried Onions, Pickles, Onion, Tomato & Shredded Lettuce on a Soft Glazed Bun
 **LEVEL UP** Double Decker - 5
- FRIED CHICKEN SANDWICH** 15
Pickles, Shredded Lettuce, Sriracha Mayo, Monterey Cheese on a Soft Glazed Bun

Ask to see our full menu which is available Tuesday-Saturday.

COCKTAILS 2-FOR-1 ALL DAY TUESDAY! 12PM - 7PM WEDNESDAY - FRIDAY!

SIGNATURE - 14

- GIN GARDEN**
Hendricks, Cucumber Juice, Elderflower & Apple Juice.
- ROSE GIN & TONIC**
Gin, Peach Liqueur, Lemon Juice, Sugar Syrup, Rose Lemonade & Mint.
- ESPRESSO MARTINI**
Vodka, Freshly Brewed Espresso, Kahlua Liqueur.
- PORNSTAR MARTINI**
Vanilla Vodka, Passion Fruit and Lime Juice. Served with a Shot of Prosecco.
- RASPBERRY MOJITO**
Raspberries, Mint Leaves, Syrup, Lime Juice, White Rum, Raspberry Purée and Soda Water.
- ARENS ATLANTIS MOJITO**
White Rum, Passion Fruit, Fresh Lime, Mint, Soda and Sugar Syrup.
- PINK FLUFF**
Vanilla Vodka, Chambord, Cranberry, Bubblegum Syrup & Candy Floss.

FAVOURITES - 12


- APEROL SPRITZ**
Aperol, Soda & Prosecco
- SEX ON THE BEACH**
Vodka, Peach Schnapps, Orange, Cranberry.
- BRAMBLE**
Pink Gin, Raspberry Liqueur, Lemon Juice & Raspberry Syrup.
- NEGRONI BIANCA**
Gin, Cinzano, Luxardo Bitter & Yuzu Bitters.
- COSMOPOLITAN**
Vodka, Cointreau & Cranberry.
- LONG ISLAND ICED TEA**
Vodka, Gin, Tequila, Rum, Cointreau, Lime Juice & Pepsi.
- AKU AKU**
Pineapple Juice, White Rum, Peach Liqueur, Fresh Mint, Sugar Syrup & Lemon Juice.
- PINA COLADA**
White Rum, Pineapple & Cream.
- STRAWBERRY DAIQUIRI**
Strawberry Puree, Rum, Lime Juice & Sugar.

COCKTAIL TREE

- Cost per glass including offer.
- HOUSE PROSECCO** - 5.5
 - HOUSE CHAMPAGNE** - 9
 - PORNSTAR MARTINI** - 11
 - GIN GARDEN** - 11
- 12 GLASSES PER TREE



MAINS

- THE SURF 'N' TURF MAC** 35
Slow Cooked Steak in Red Wine Sauce, Garlic Buttered Lobster Tail & Brown Crab Mixed through our Luxuriously Rich Mac & Cheese Topped with Garlic Breadcrumbs & Served with Arens House Bread
- GRILLED SALMON**  22
Grilled Salmon Fillet, Garlic Butter, Charred Broccoli, Lemon & Olive Oil with Rocket Salad
- COCONUT & CHICKPEA CURRY**  15.5
Seasonal Vegetables & Flavoured Rice

SIDES

- | | | | |
|----------------------|-----|----------------------|-----|
| CHEESY TRUFFLE FRIES | 6 | SWEET POTATO FRIES | 4.5 |
| ARENS SLAW | 4.5 | SEASONED HOUSE FRIES | 4.5 |
| CHEF'S SALAD | 4.5 | CREAMY MASH POTATO | 4.5 |
| BUTTERED BROCCOLINI | 4.5 | MAC & CHEESE | 8 |

ENDGAME LEVEL UP'S

- | | |
|------------------|----|
| ONION RING TOWER | 10 |
| HALLOUMI BATONS | 10 |
| CHICKEN SKEWER | 10 |
| HALF RIBS | 12 |
| LOBSTER TAIL | 15 |

SUMMER SPRITZ - 14

- EMERALD** - Midori, Melon Syrup, Lime Juice, Prosecco & Fresh Dill.
- THE RUISLIP JEWELL**
Cinzano, Watermelon Syrup, Lime Juice, Prosecco & Cherry Tomatoes.
- THE DAWN** - St. Germain, Mandarin Syrup, Lime Juice, Prosecco & Edible Flowers.
- SUMMERTIME GIMM'S**
Gin, Pimms, Fresh Strawberries, Cucumber, Oranges, Mint, Lemonade & Prosecco.

AMERETTO SOUR

- Amaretto, Lime, Egg Whites & Sugar Syrup.
- OLD FASHIONED**
Bourbon, Sugar Syrup & Angostura Bitters.

MOJITO




- Lime, Sugar, Fresh Mint, & Rum.

MOCKTAILS - 8

- THE VETROVIAN**
Cloudy Apple Juice, Elderflower Cordial, Lime Juice & Tonic Water.
- MEDITERRANEAN TALE**
Cucumber Syrup, Lime Cordial, Lime Juice & Soda Water.
- ELIXIR**
Rhubarb Syrup, Lime Juice, Strawberry, Mint & Ginger Ale.

DESSERT - 10

- CHOCO EXPRESS**
Martell vs, Captain Morgan Dark Rum, Chocolate Syrup & Espresso.
- DULCE DE LECHE**
Vodka, Baileys, Caramel Syrup, Toffee Caramel & Single Cream.

All our dishes are prepared in kitchens where nuts, flour etc. are commonly used, so unfortunately we cannot guarantee our dishes will be free of traces of these products. Olives may contain stones, fish & meat dishes may contain bones, all dishes may contain items not mentioned in the menu description. All prices include VAT at current rate.
 Vegetarian Option  Vegan Option  Gluten Free Option



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PREMIUM SPIRITS

ALL SPIRITS ARE 50ML AND COME WITH A MIXER

GIN

Roku Japanese Craft	12
Tanqueray London Dry	10
Hendrick's	12
Bombay Sapphire	10
Monkey 47 Schwarzwald Dry	15
NEW Beefeater Blackberry	10
NEW Edinburgh Gin - Rhubarb & Ginger	12

TEQUILA

Tequila Rose Cream	8
Patron Caffé	12
Patron Tequila Anejo	17
Patron Silver	16
Don Julio Reposado	15

RUM

Plantation Trinidad Original	10
Havana 7 Year Old	10
Mount Gay Barbados	12
Wray & Nephew White Overproof	12
Flor De Cana 12 Year	12

WHISKY

Johnnie Walker Black Label	10
Haig Club Clubman	10
Maker's Mark Bourbon	10
Dalwhinnie 15 Year Old	14
Macallan 12 Year Old	15

VODKA

Smirnoff	8
Ciroc	10
Grey Goose	12
Belvedere	12
Zubrowka Black	12

BRANDY

Courvoisier VS	10
Martell VS	10
Hennessy VS	12
Remy Martin VSOP	10
Remy Martin XO Premier Cru	40

House spirits available on request.
There is a £2 supplement cost for red bull & ginger beer.

BOTTLED & DRAUGHT BEER

Amstel Lager 568ml (Half/Pint)	4/5.5
Birra Moretti Lager 568ml (Half/Pint)	5/6.5
Maltsmiths IPA 568ml	6
Guinness Surger 568ml	6
Peroni Lager 330ml	4.5
Peroni Libera (Alcohol Free) 330ml	4.5
Sol Original Lager 330ml	4.2
Doom Bar Ale Bottle 500ml	6.5
Magners Cider 568ml	5.5
Old Mout Kiwi & Lime 500ml	6.5
Old Mout Strawberry & Pomegranate 500ml	6.5

SHOOTERS - ALL 8

JAM DOUGHNUT

Baileys layered on top of Chambord with a sugar crusted rim.

JÄGER BOMB

Jägermeister shot, dropped into half a can of energy drink.

SKITTLE BOMB

A Jäger bomb, but using a shot of Cointreau instead.

HEAD SHOT

Kahlua and Baileys with a squirt of whipped cream.

B52

Kahlua, Baileys and Cointreau.

HOT & COLD DRINKS

Pepsi, Diet Pepsi or Lemonade	3.5
Rose Lemonade	4.5
Apple & Raspberry J2O 275ml	3.5
Ginger Beer	4.5
Fresh Juice	4
Bottle Water (Small)	3.5
Bottle Water (Large)	5
Tea - Earl Grey, Breakfast, Green or Mint	3
Espresso	3
Filter Coffee	3
Latte	3.5
Cappuccino	3.5
Americano	3
Liqueur Coffees	7.5
Hot Chocolate	3.5

WHITE WINE

ARENS HOUSE WHITE

125ml - 5 • 175ml - 5.5 • 250ml - 7.1 • Bottle - 18.5

BEL CANTO PINOT GRIGIO CATARRATTO - Italy

Nectarine, apricot and peach are in perfect balance.
125ml - 5.5 • 175ml - 6 • 250ml - 8.0 • Bottle - 22.7

LA TIERRA ROCOSA SAUVIGNON BLANC - Chile

Flavours of pineapple, lemon sherbert and tropical fruit.
125ml - 5.9 • 175ml - 6.4 • 250ml - 8.5 • Bottle - 24

BANTRY BAY CHENIN BLANC - South Africa

Delicate floral notes and subtle pineapple fruit.
125ml - 6.2 • 175ml - 6.7 • 250ml - 9.1 • Bottle - 25.6

KOKAKO SAUVIGNON BLANC - New Zealand - Bottle - 30.7

Gooseberry, and tropical spectrum. Citrus backbone.

VALLE BERTA GAVI - Italy

Characteristic aromas of lime zest and minerality.
125ml - 8.4 • 175ml - 8.9 • 250ml - 12.1 • Bottle - 34.3

EL CANTE ALBARIÑO - Spain

Nectarine, apricot and peach are in perfect balance.
125ml - 8.4 • 175ml - 8.9 • 250ml - 12.1 • Bottle - 34.3

CHABLIS CAPE ST MARTIN - Burgundy - Bottle - 55

Focused green fruit character and elegant mineral texture.

CHASSAGNE-MONTRACHET, DOM. PICARD - Bottle - 65

Arguably the worlds most prestigious white wine appellation.

RED WINE

ARENS HOUSE RED

125ml - 5 • 175ml - 5.5 • 250ml - 7.1 • Bottle - 18.5

GUFETTO MONTEPULCIANO - Italy

Scents of red and black berries w/ a peppercorn spicy aroma.
125ml - 5.7 • 175ml - 6.2 • 250ml - 8.3 • Bottle - 23.30

CRESCENDO MERLOT - Italy

Notes of red berries, extraordinarily round and complete.
125ml - 5.6 • 175ml - 6.1 • 250ml - 8.1 • Bottle - 23.1

BEAUTÉ DU SUD MALBEC - France

Blackberries, plums and blueberries, with a touch of spice.
125ml - 5.8 • 175ml - 7.3 • 250ml - 9.7 • Bottle - 27.3

ST DESIR PINOT NOIR - French Regions - Bottle - 29.8

Showing violets and sweet red berries on the nose.

CONDE DE CASTILE RESERVA, RIOJA - Spain - Bottle - 34.7

Harmonious blend of dried, stewed fruits and nuances of leather, vanilla and tobacco.

ESPRIT DE LUSSAC, ST-EMILION - Bordeaux - Bottle - 40

Juicy black fruit on the nose and cranberry on the palate.

CHÂTEAUNEUF-DU-PAPE, LES PUIS NEUF - Bottle - 60

Showing violets and sweet red berries on the nose.

ROSE

CRESCENDO WHITE ZINFANDEL - Italy

Balance between soft tannins, acidity and residual sugar.
125ml - 5.9 • 175ml - 6.4 • 250ml - 8.6 • Bottle - 24.2

BEL CANTO PINOT GRIGIO - Italy

Delicate, fresh, with a good structure.
125ml - 6.3 • 175ml - 6.8 • 250ml - 9 • Bottle - 25.7

WHISPERING ANGEL ROSÉ 2019 - France

Elegant hints of peach, rose water and summer berries.
Bottle - 55

SPARKLING WINE

ARENS HOUSE PROSECCO - Italy

By Glass - 8.0 • Bottle - 30.00

NON ALCOHOLIC PROSECCO - Bottle - 27.00

ZARLINO PROSECCO DOCG (Vegan) NV - Bottle - 40.00

CHAMPAGNE

ARENS HOUSE CHAMPAGNE

55

MOËT & CHANDON IMPÉRIAL BRUT

75

A perfect balance of Pinot Noir, Chardonnay and Pinot Meunier.

VEUVE CLICQUOT YELLOW LABEL BRUT

90

A fine balance between fruity aromas and more subtle toasty notes.

LAURENT-PERRIER CHAMPAGNE CUVÉE ROSÉ BRUT 100

Memorable for its freshness and unique aromas of fresh-picked red berries.

DOM PÉRIGNON

180

With notes of wild flowers, ripe mangos and anise this champagne is a sensory adventure.

LOUIS ROEDERER CRISTAL

350

Aromas of crushed white flowers, ripe citrus and red berry fruits.

PORT & DESSERT WINE

CROFT RESERVE TAWNY

Dried apricot, roasted almonds and walnuts.
125ml - 8.2 • Bottle - 46.6

ELYSIUM BLACK MUSCAT - California

Beautiful soft strawberry flavours with floral notes.
125ml - 9.5 • Half Bottle - 33

PLEASE NOTE: If you require a bottle that is not on this menu, please do not hesitate to ask and we will do all we can to provide it for you.