

# ARENS

BAR & GRILL

PLEASE NOTE WE ARE A CASHLESS VENUE CARD PAYMENTS ONLY

## STARTERS

<b>NEW</b> Crispy Chicken Asian Salad Julienne Vegetables, Sweet Chilli & Peanut with Crispy Rice Noodles  <b>LEVEL UP - MAKE IT VEGAN WITH TOFU</b>	9
Light & Crispy Calamari Fritti Sriracha Mayo	8.5
Breaded Portobello Mushroom w/ Grilled Goats Cheese (v) Stuffed with Ricotta & Spinach with a Pomodoro Sauce	8.5
<b>NEW</b> Batons of Crispy Halloumi (v) w/ Mint Yogurt & Pomegranates	8
<b>NEW</b> Heritage Tomato Salad with Buffalo Mozzarella (v) Salsa Verde, Croutons & Fresh Basil	10
<b>NEW</b> Chicken Liver Pâté Toasted Brioche, Hazelnut Praline, Onion Chutney & Tamarind	9
<b>NEW</b>  Smoked Salmon & Crab Salad (Gluten Free) Grapefruit, Gluten Free Bread & Butter	11.5
Sharer 1 (Serves Two) Cheesy Nachos, Lamb Meatballs, Calamari, Honey Glazed Sausages, Chickpea Falafels, Aubergine Caponata on Toast	18
Sharer 2 - Home Cooked Nachos (v) (Serves Two) Topped with Melted Mozzarella & Cheddar w/ Jalepenos <b>LEVEL UP WITH TRIO OF DIPS - GUACAMOLE, SOUR CREAM &amp; SALSA</b> 4.5 <b>LEVEL UP WITH BBQ PULLED BEEF</b> 5	10.5

## BREADS, FONDUES & OLIVES

Mixed Bread Basket (v) with Baked Whole Camembert Fondue & Chutney Dip	5.5	<b>LEVEL UP - Add 8.5</b>
Garlic Bread (v)	3.5	
Garlic Bread With Melted Cheese (v)	5	
Mixed Pitted Marinated Olives (v)	5	

## ARENS SIGNATURE MEAT DISHES

Skewers are served with Flavoured Rice, Corn Cob, Roasted Peppers & Onions.

600g* Rack of Barbeque Pork Ribs	19.5
Flame-Grilled Marinated Chicken Thigh Skewer <b>LEVEL UP WITH A SAUCE - Add 2.5</b> Smokey Jerk Sauce   Korean Spicy BBQ   Sweet Chilli & Peanut <b>LEVEL UP WITH 600G* RACK OF BARBEQUE PORK RIBS</b> 14	16.5
Flame-Grilled Marinated BBQ Chicken Thigh Skewer Caramelized Onion & Melted Cheese	17.5
Arens Moroccan 330g Lamb Kofte w/ Flatbread Flavoured Rice, Houmous, Tomato Salsa & Garlic Yoghurt	20

 **Chefs Note:** Flame-Grilled Chicken Thigh Skewers - Chicken thigh is a darker meat than breast, and can sometimes appear purple when fully cooked.

## FISH, SALADS & VEGETARIAN

Flame-Grilled Halloumi, Courgette & Pepper Skewer (v) Corn Cob, Lime & Tzatziki Salad	17
<b>NEW</b>  Coconut & Chickpea Curry Seasonal Vegetables & Flavoured Rice	15.5
<b>NEW</b>  Grilled Sea-bass & Garlic Butter (Gluten Free) Aubergine Caponata, Watercress & Lemon	21.5
Teriyaki Salmon Served on a Banana Leaf with Poached Fennel Salad, Grilled Broccoli & Lime Mayo	19.5
Hand Battered Fish Watercress, Mushy Peas, Seasoned Fries & Tartar Sauce	15.5
Caesar Salad (v) Iceberg Lettuce, Parmesan, Cucumber, Cherry Tomatoes, Anchovies, Croutons & Classic Dressing <b>LEVEL UP WITH GRILLED CHICKEN - Add 4</b>	12
Veggie 'Beef' Cheeseburger (v) Brioche Bun, Mayo, Monterey Cheese, Arens Slaw & Seasoned Fries	13.5

## STEAKS

All Steaks Served with Seasoned Fries



Our award-winning Beef is selected & produced by Donald Russell, from cattle which have been fed on a natural, grass-based diet. This is easily identifiable through it's unique succulent, tenderness & flavour. Donald Russell are royal warrant holders since 1984 and a trusted supplier to H.M the queen.

 340g* Prime Ribeye Steak Recommended Medium	36
 280g* Sirloin Steak Recommended Medium-Rare	27
 150g* Minute Steak Cooked Pink or Well Done	16
Add to any Steak above	
Garlic & Herb Butter	1.5
600g* Rack of Barbeque Pork Ribs	14
Marinated Chicken Skewer	11
Steak Sauces	2
Béarnaise - Peppercorn - Mushroom Stroganoff - Red Wine Gravy	

## BURGERS

All Served in a Brioche Bun with Beef Tomatoes, Lettuce, Red Onions, Monterey Cheese, Arens Slaw & Seasoned Fries.

Double Decker Burger Sirloin Steak and Beef Patty <b>LEVEL UP WITH PANCETTA - Add 2.5</b>	21
Arens Ultimate Cheeseburger <b>LEVEL UP WITH PANCETTA - Add 2.5</b>	15
Fried Buttermilk Chicken Fillet Burger with Southern Seasoning & Sriracha Mayo <b>LEVEL UP WITH PANCETTA - Add 2.5</b>	14

## SIDES

Cheesy Truffle Fries   Creamy Spinach w/ Pangrattato	4.5
Aubergine Caponata   Onion Rings   Flavoured Rice	
Mixed Leaf Salad w/ Dressing   Steamed Tenderstem Broccolini	
Sweet Potato Fries   Grilled Camembert Slice   Coleslaw	

# Sandwiches

SERVED 12PM - 5PM  
TUESDAY - FRIDAY

15

### Open Prawn Cocktail Sandwich

Toasted Sourdough Bread, Guacamole, Baby Gem, Marie Rose, Cherry Tomatoes, Topped w/ Smoked Paprika & Fresh Lemon with Seasoned Fries

### Grilled Halloumi Sandwich (v)

Toasted Sourdough Bread, Guacamole, Baby Gem, Olives, Roasted Red Peppers, Cherry Tomatoes & Herb Mayo Sauce with Seasoned Fries

### Arens Steak Sandwich

Toasted Ciabatta with Grilled Pink Steak, Caramelised Onion, Horseradish Mayo & Watercress with Gravy & Seasoned Fries

# Cocktails

## SIGNATURE

12

<b>Ariadne's Affair</b> Italicus, martini extra dry, grapefruit syrup & prosecco.	<b>Espresso Martini</b> Vodka, Freshly Brewed Espresso, Kahlua Liqueur.
<b>Mexican Myth</b> Jose cuervo, lime juice, grapefruit syrup & grapefruit soda.	<b>Pink Fluff</b> Vanilla Vodka, Chambord, cranberry, Bubblegum syrup & candy floss.
<b>NEW Gin Garden</b> Hendricks, Cucumber juice Elderflower & Apple Juice.	<b>Raspberry Mojito</b> Raspberries, mint leaves, syrup, lime juice, white rum, raspberry purée and soda water
<b>Pornstar Martini</b> Vanilla vodka, passion fruit and lime juice. Served with a shot of Prosecco.	 <b>Halloween Horror</b> A terrifying mix of Edible Witches Eyeballs, a Syringe of Vampire Blood aka (Chambord), Bombay Gin, Blue Curacao, Lemonade & Fresh Lemon
<b>Rose Gin &amp; Tonic</b> Gin, peach liqueur, lemon juice, sugar syrup, rose lemonade & mint.	

## ARENS FAVOURITES

10

<b>Negroni Bianca</b> Gin, cinzano, luxardo bitter & yuzu bitters.	<b>Aku Aku</b> Pineapple juice, white rum, peach liqueur, fresh mint, sugar syrup & lemon juice.
<b>Aperol Spritz</b> Aperol, soda & prosecco.	<b>Pina Colada</b> White rum, pineapple juice & cream.
<b>Royal Finesse</b> Campari, martini rosso & cherry soda.	<b>Mojito</b> Lime, sugar, fresh mint, & rum served over ice.
<b>Long Island Iced Tea</b> Vodka, gin, tequila, rum, cointreau, lime juice & Pepsi.	<b>Strawberry Daiquiri</b> Strawberry puree, rum, citrus lime juice & sugar.
<b>Sex on the Beach</b> Vodka, peach schnapps, orange, cranberry juice.	<b>Ameretto Sour</b> Amaretto, lime juice, egg whites & sugar syrup.
<b>Cosmopolitan</b> Vodka, Cointreau & cranberry juice.	<b>Old Fashioned</b> Bourbon, Sugar syrup & angostura bitters.
<b>Bramble</b> Pink gin, raspberry liqueur, lemon juice & raspberry syrup.	

## MOCKTAILS

8

<b>The Vetruvian</b> Cloudy apple juice, elderflower cordial, lime juice & tonic water.	<b>Mediterranean Tale</b> Cucumber syrup, lime cordial, lime juice & soda water.
<b>Elixir</b> Rhubarb syrup, lime juice, strawberry, mint & ginger ale.	

**NEW COCKTAIL TREE**

**Includes 12 Glasses Per Tree**  
**BUY A TREE, GET ONE COCKTAIL FREE**

House Prosecco - 67  
House Champagne - 110  
Pornstar Martini - 132  
Gin Garden - 132



## DESSERT COCKTAILS

10

<b>Choco Express</b> Martell vs, captain morgan dark rum, chocolate syrup & espresso.	<b>Dulce de Leche</b> Vodka, baileys, caramel syrup, toffee caramel & single cream.
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# Kids Menu

10

## SET MENU

Two Courses Served Together  
Children up to age 11 only.

### TO START

Garlic Bread & Melted Mozzarella Cheese (v)
Garlic Bread (v)
Mozzarella, Tomato & Cucumber Salad (v)

### MAINS

Breaded Chicken Goujons & Chips
Tomato Sauce & Basil Pasta (v)
Cheeseburger & Chips

### Add a Dessert - 4.5

Chocolate Chip Ice Cream

### DRINKS

Strawberry Special Mocktail 5
Small Water 2.5
Diet Coke 3
Fresh Orange Juice 4

# Premium Spirits

ALL SPIRITS ARE 50ML AND COME WITH A MIXER

## GIN

Roku Japanese Craft	12
Tanqueray London Dry	10
Hendrick's	10
Bombay Sapphire	10
Monkey 47 Schwarzwald Dry	15

## TEQUILA

Tequila Rose Cream	8
Patron Caffé	12
Patron Tequila Anejo	15
Patron Silver	15
Don Julio Reposado	15

## RUM

Plantation Trinidad Original	10
Havana 7 Year Old	10
Mount Gay Barbados	12
Wray & Nephew White Overproof	12
Flor De Cana 12 Year	12

## WHISKY

Johnnie Walker Black Label	10
Haig Club Clubman	10
Maker's Mark Bourbon	10
Dalwhinnie 15 Year Old	14
Macallan 12 Year Old	15

## VODKA

Smirnoff	8
Ciroc	10
Grey Goose	12
Belvedere	12
Zubrowka Black	12

## BRANDY

Courvoisier VS	10
Martell VS	10
Hennessy VS	10
Remy Martin VSOP	10
Remy Martin XO Premier Cru	40

HOUSE SPIRITS AVAILABLE ON REQUEST. THERE IS A £2 SUPPLEMENT COST FOR RED BULL.

## BOTTLED & DRAUGHT BEER

Amstel Lager 568ml (Half/Pint)	3/4.5
Birra Moretti Lager 568ml (Half/Pint)	4/5.5
MaltSmiths IPA 568ml	5
Guinness Surger 568ml	5
Peroni Lager 330ml	4.2
Peroni Libera (Alcohol Free) 330ml	4.2
Sol Original Lager 330ml	4.2
Doom Bar Ale Bottle 500ml	5
Magners Cider 568ml	5.5
Old Mout Kiwi & Lime 500ml	6.5
Old Mout Strawberry & Pomegranate 500ml	6.5

## SHOOTERS (ALL 6.5)

**Jam Doughnut**  
Baileys layered on top of Chambord with a sugar crusted rim.

**Jäger Bomb**  
Jägermeister shot, dropped into half a can of energy drink.

**Skittle Bomb**  
A Jäger bomb, but using a shot of Cointreau instead.

**Head Shot**  
Kahlua and Baileys with a squirt of whipped cream.

**B52**  
Kahlua, Baileys and Cointreau.

## HOT & GOLD DRINKS

Pepsi, Diet Pepsi or Lemonade	3
Fresh Juice	4
Bottle Water (Small)	2.5
Bottle Water (Large)	4
Tea - Earl Grey, Breakfast, Green or Mint	3
Espresso	3
Filter Coffee	3
Latte	3.5
Cappuccino	3.5
Americano	3
Liqueur Coffees	7.5
Hot Chocolate	3.5

## WINE - PORT - PROSECCO - CHAMPAGNE

### WHITE

#### Arens House White

125ml - 4 • 175ml - 4.5 • 250ml - 6.1 • Bottle - 17.25

**Bel Canto Pinot Grigio Catarratto** - Italy  
Nectarine, apricot and peach are in perfect balance.

125ml - 5.5 • 175ml - 6 • 250ml - 8.0 • Bottle - 22.7

**La Tierra Rocosa Sauvignon Blanc** - Chile  
Flavours of pineapple, lemon sherbert and tropical fruit.

125ml - 5.9 • 175ml - 6.4 • 250ml - 8.5 • Bottle - 24

**Bantry Bay Chenin Blanc** - South Africa  
Delicate floral notes and subtle pineapple fruit.

125ml - 6.2 • 175ml - 6.7 • 250ml - 9.1 • Bottle - 25.6

**Kokako Sauvignon Blanc** - New Zealand - Bottle - 30.7  
Gooseberry, and tropical spectrum. Citrus backbone.

**Valle Berta Gavi** - Italy  
Characteristic aromas of lime zest and minerality.

125ml - 8.4 • 175ml - 8.9 • 250ml - 12.1 • Bottle - 34.3

**El Cante Albariño** - Spain  
Nectarine, apricot and peach are in perfect balance.

125ml - 8.4 • 175ml - 8.9 • 250ml - 12.1 • Bottle - 34.3

**Chablis Cape St Martin** - Burgundy - Bottle - 46.5  
Focused green fruit character and elegant mineral texture.

**Chassagne-Montrachet, Dom. Picard** - Bottle - 65  
Arguably the worlds most prestigious white wine appellation.

### SPARKLING WINE

**Arens House Prosecco** - Italy By Glass - 7.0 • Bottle - 30.00

**Zarlino Prosecco DOCG (Vegan) NV** - Bottle - 40.00

### RED

#### Arens House Red

125ml - 4 • 175ml - 4.5 • 250ml - 6.1 • Bottle - 17.25

**Gufetto Montepulciano** - Italy  
Scents of red and black berries w/ a peppercorn spicy aroma.

125ml - 5.7 • 175ml - 6.2 • 250ml - 8.3 • Bottle - 23.30

**Crescendo Merlot** - Italy  
Notes of red berries, extraordinarily round and complete.

125ml - 5.6 • 175ml - 6.1 • 250ml - 8.1 • Bottle - 23.1

**Beauté du Sud Malbec** - France  
Blackberries, plums and blueberries, with a touch of spice.

125ml - 5.8 • 175ml - 7.3 • 250ml - 9.7 • Bottle - 27.3

**St Desir Pinot Noir** - French Regions - Bottle - 29.8  
Showing violets and sweet red berries on the nose.

**Conde De Castile Reserva, Rioja** - Spain - Bottle - 34.7  
Harmonious blend of dried, stewed fruits and nuances of leather, vanilla and tobacco.

**Esprit de Lussac, St-Emilion** - Bordeaux - Bottle - 40  
Juicy black fruit on the nose and cranberry on the palate.

**Châteauneuf-du-Pape, Les Puits Neuf** - Bottle - 60  
Showing violets and sweet red berries on the nose.

### PORT & DESSERT WINE

**Croft Reserve Tawny**  
Dried apricot, roasted almonds and walnuts.  
125ml - 8.2 • Bottle - 46.6

**Elysium Black Muscat** - California  
Beautiful soft strawberry flavours with floral notes.  
125ml - 9.5 • Half Bottle - 33

### ROSE

**Crescendo White Zinfandel** - Italy  
Balance between soft tannins, acidity and residual sugar.  
125ml - 5.9 • 175ml - 6.4 • 250ml - 8.6 • Bottle - 24.2

**Bel Canto Pinot Grigio** - Italy  
Delicate, fresh, with a good structure.  
125ml - 6.3 • 175ml - 6.8 • 250ml - 9 • Bottle - 25.7

**Whispering Angel Rosé 2019** - France  
Elegant hints of peach, rose water and summer berries.  
Bottle - 55

### CHAMPAGNE

**Arens House Champagne** 55

**Moët & Chandon Impérial Brut** 60  
A perfect balance of Pinot Noir, Chardonnay and Pinot Meunier.

**Veuve Clicquot Yellow Label Brut** 70  
A fine balance between fruity aromas and more subtle toasty notes.

**Laurent-Perrier Champagne Cuvée Rosé Brut** 90  
Memorable for its freshness and unique aromas of fresh-picked red berries.

**Dom Pérignon** 180  
With notes of wild flowers, ripe mangos and anise this champagne is a sensory adventure.

**Louis Roederer Cristal** 350  
Aromas of crushed white flowers, ripe citrus and red berry fruits.

PLEASE NOTE: If you require a bottle that is not on this menu, please do not hesitate to ask and we will do all we can to provide it for you.