

DO YOU HAVE AN ALLERGY?

- STARTERS & SHARERS -

- Breaded French Brie** 11.5
Fried with Garlic & Rosemary & Served with Cranberry Chutney
- King Prawn Cocktail** 10.5
Shredded Iceberg, Julienne Carrot, Lemon, Paprika, Marie Rose sauce & Gluten Free Bread
- Vegetarian Quesadillas** 10
Black Beans, Sweetcorn, Homemade Salsa, Coriander, Jalapeños & Melted Cheese Served with Sour Cream
LEVEL UP Add Guacamole - 3
- Halloumi Batons** 12.5
Garlic Aioli & Pomegranate Seeds
- Crisp Fried Calamari** 12
Light & Crispy Calamari with Sriracha Mayo
- Bourbon BBQ Fried Chicken Wings** 12
Sesame Seeds, Celery & Buttermilk Ranch Sauce
- Arens Rock Shrimp Tempura** 13
Light & Crispy Battered King Prawns tossed in Creamy Dynamite Sauce topped with Sesame Seeds, Spring Onion & Red Chili
- Home Cooked Nachos** 13 Serves 2
Homemade Cheese Sauce, Salsa, Sour Cream & Jalapenos
LEVEL UP Add Guacamole - 3 -or- BBQ Beef -or- BBQ Pulled Pork - 5
- Family Sized Fully Loaded Nachos** 24 Serves 4
Cheese Sauce, Salsa, Sour Cream, Guacamole & Jalapenos

- BREAD & OLIVES -

- Mixed Pitted Marinated Olives** 6
Arens House Buns - A secret family recipe freshly baked every day
- Arens House Buns Basket** 4.5
LEVEL UP Add Whole Camembert Fondue & Cranberry Chutney Dip - 9.5
- Garlic Arens House Buns** 5
LEVEL UP Add Melted Cheese - 2

- LIGHT DISHES & SALADS -

- Rainbow Sliders - Also Available as a Starter!** 14.5
Buttermilk Fried Chicken, a Cheeseburger & Tempura Shrimp
- BBQ Smoked Pulled Pork & Crunchy Chicken Tacos** 13
BBQ Sauce, Salsa, Slaw, Coriander, Grated Cheese & Fried Onions
- Slow Cooked Hickory BBQ Beef Bao Bun** 12.5
BBQ Sauce, Red Chillies, Grated Carrots, Spring Onions, Coriander, Sesame Seeds & Sour Cream
- Mexican Ranch Salad** 13
Tomatoes, Tortilla Chips, Jalapeños, Charred BBQ Sweetcorn, Cherry Tomatoes, Leaf Mix & Ranch Dressing
LEVEL UP Add BBQ Beef -or- Grilled Chicken -or- BBQ Pulled Pork - 5

All our dishes are prepared in kitchens where nuts, flour etc. are commonly used, so unfortunately we cannot guarantee our dishes will be free of traces of these products. Olives may contain stones, fish & meat dishes may contain bones, all dishes may contain items not mentioned in the menu description. All prices include VAT at current rate.
 Vegetarian Option Vegan Option Gluten Free Option

PLEASE NOTE
WE ARE A CASHLESS VENUE
CARD PAYMENTS ONLY

ARENS
BAR & GRILL

Get Free WIFI
at Arens Now

SUNDAY ONLY

- SUNDAY ROAST -

- All Served with Chefs Seasonal Vegetables, Roast Potatoes, Yorkshire Puddings & Gravy*
- 340g French Trimmed Roast Chicken** 25.5
Pigs in Blankets, Onion & Sage Stuffing & Bread Sauce
 - Rare Roast Sirloin of Beef** 22
 - Roasted Pork & Apple Stuffing Roulade*** 26.5
Caramelised Apple & Crackling
**Due to the nature of cut, this can be a fatty dish*
 - Slow-Roasted Minted Lamb Shank** 26.5
Honey Parsnips
 - Arens Ultimate Mixed Roast** 35
A Selection of Four Meats
 - Vegetarian Roast** 18.5
A Mix of Brown Rice, Cashews & Mushrooms, Topped with Sweet Cranberries, Crunchy Cashews & Chestnuts. Served with Onion Gravy & Yorkshire pudding (contains eggs)
 - Children's Roast** 13.5
4oz Roast Chicken, Yorkshire Pudding, Roast Potatoes, Chef's Vegetables & Gravy

LEVEL UP Why not add a few extras to your roast?

- 4.5
Red Wine Gravy
- 4.5
Seasonal Vegetables
- 6
Pigs in Blankets & Stuffing
- 4.5
Roasted Maris Piper Potatoes

10 Fully Loaded Sunday Roasties
Melted Cheese, Fried Onions & Our Rich Red Wine Gravy

- CLASSIC DISHES -

- Coconut & Chickpea Curry** 18
Seasonal Vegetables & Flavoured Rice
- Grilled Atlantic Salmon** 25
Grilled Salmon Fillet, Garlic Butter, Charred Broccoli, Lemon & Olive Oil with Rocket Salad
- Arens Water-Bathed Beef Steak in Red Wine Sauce** 28.5
A Family Recipe Perfected Over Decades, Succulent Slow Cooked 10oz Beef Steak, Chestnut Mushrooms, Bacon Lardons, Caramelized Shallots in a Rich Red Wine Sauce Served with Creamy Mash

- BURGERS & SANDWICHES -

ALL HOME-MADE WITH ARENS BUNS & SAUCES

- All served with Lettuce, Tomatoes, Onions, Arens Slaw & Seasoned Fries*
- The Christmas Burger** 19.5
100% Breaded Turkey Slice, Blue Cheese, Cranberry Sauce, Sage & Onion Stuffing, Pigs'n'Blankets & Rich Gravy
 - Arens Ultimate Bacon Cheese Melt** 17.5
Two Grilled Juicy Beef Patties, Smoked Streaky Bacon, Monterey Cheese, Pickles & Arens Special Sauce on a Arens House Bun
 - Arens Plant Burger** 19.5
Chargrilled Plant Based Patty, Flat Mushroom, Monterey Cheese, Makers Mark BBQ sauce, Fried Onions & Pickles on a Arens House Bun

- STEAKS -

- Served with Rocket, Arens Slaw, Seasoned House Fries & Grilled Tomato*
- 200g Rump** 24.5
 - 220g Sirloin** 34.5
- Exclusive Partnership*
DONALD RUSSELL
INVERURIE, ABERDEENSHIRE
- LEVEL UP Add a Steak sauce:
Bearnaise, Peppercorn or Garlic Butter - 2

- SIDES -

- Arens Slaw** 4.5
- Chef's Salad** 4.5
- Broccolini** 5
- Sweet Potato Fries** 4.5
- Seasoned Fries** 4.5
- Creamy Mash** 5
- Mac & Cheese** 10
- Onion Ring Tower** 10
- Halloumi Batons** 12.5

- ARENS FULLY LOADED FRIES -

- 10 - Choose from the below...**
**Cannot Be Interchanged with Seasoned Fries*
- Black Truffle**
Cheese Sauce, Parmesan, Black Truffle
 - Dirty**
Cheese Sauce, Bacon, Onions, Cajun Seasoning, Tomato, Spring Onion
 - Toronto "Poutine"**
Cheese Sauce, Arens Gravy, Onions
 - Tex-Mex**
Cheese Sauce, Sweetcorn, Black Beans, Jalapeños, Tomato Salsa

2-4-1 ON ALL COCKTAILS!
Tuesday to Friday till 7pm

- SIGNATURE COCKTAILS - 14 -

- Rose Gin & Tonic**
Gin, Peach Liqueur, Lemon Juice, Sugar Syrup, Rose Lemonade & Mint
- Raspberry Mojito**
Raspberry, Mint, Syrup, Lime Juice, White Rum, Raspberry Purée & Soda
- Pink Fluff**
Vanilla Vodka, Chambord, Cranberry, Bubblegum Syrup & Candy Floss
- Gin Garden**
Hendricks, Cucumber Juice, Elderflower & Apple Juice
- Pornstar Martini**
Vanilla Vodka, Passion Fruit and Lime Juice, with a Shot of Prosecco
- Espresso Martini**
Vodka, Espresso, Kahlua Liqueur
- Atlantis Mojito**
White Rum, Passion Fruit, Lime, Mint, Soda and Sugar Syrup
- Strawberry Daiquiri**
Strawberry Puree, Rum, Lime & Sugar
- Strawberry Frost**
Rum, Strawberries, Lime, Coconut
- Pink Martini**
Raspberry & Tart lemon, Red Berries & Gordon's Pink
- Mrs Clause' Espresso Martini**
Salted Caramel, Cinnamon & Baileys!
- Coconut Xmas Mojito**
Bacardi, Coconut Cream, Lime Juice, Syrup, Redcurrants & Fresh Mint

20 THE GRINCH'S SECRET STASH!
Vodka, Midori, Peach Schnapps, Lime Juice, Sugar Syrup, Lime Cordial, Mint, Pineapple Juice!
Ideal For 4 People

- FAVOURITE COCKTAILS - 12 -

- Aperol Spritz**
Aperol, Soda & Prosecco
- Cosmopolitan**
Vodka, Cointreau & Cranberry
- Long Island Iced Tea**
Vodka, Gin, Tequila, Rum, Cointreau, Lime Juice & Pepsi
- Sex On The Beach**
Vodka, Peach Schnapps, Orange, Cranberry
- Mojito**
Lime, Sugar, Fresh Mint, & Rum
- Bramble**
Pink Gin, Raspberry Liqueur, Lemon Juice & Raspberry Syrup
- Aku Aku**
Pineapple Juice, White Rum, Peach Liqueur, Fresh Mint, Sugar Syrup & Lemon Juice
- Pina Colada**
White Rum, Pineapple & Cream
- Barbie**
Vodka, Creme de Cassis, Cranberry Juice, Pineapple Juice & Bubblegum Syrup
- Old Fashioned**
Bourbon, Sugar Syrup & Angostura Bitters
- Margarita**
Tequila, Lime Juice, Salt & Cointreau

COCKTAIL TREE
12 Glasses Per Tree
Cost per glass including offer

House Prosecco - 5.5
House Champagne - 9
Pornstar Martini - 11
Gin Garden - 11

- MOCKTAILS - 8 -

- The Vetruvian**
Cloudy Apple Juice, Elderflower Cordial, Lime Juice & Tonic Water
- Harry Potter Butter Beer**
Vanilla Cream Soda, Butterscotch & Whipped Cream
- Elixir**
Rhubarb Syrup, Lime Juice, Strawberry, Mint & Ginger Ale

- DESSERT - 10 -

- Choco Express**
Martell vs, Captain Morgan Dark Rum, Chocolate Syrup & Espresso.
- Dulce De Leche**
Vodka, Baileys, Caramel Syrup, Toffee Caramel & Single Cream.

Have you heard about our delicious Sunday Roasts?

- NON-ALCOHOLIC SPIRITS -

All Non-Alcoholic Spirits are 50ml and come with a Mixer

Lyre's American Malt - Bourbon Style	10
Lyre's Premium Dry London - Gin Style	10
Lyre's Pink London - Pink Gin Style	10
Lyre's Dark Cane - Dark Rum Style	10

- PREMIUM SPIRITS -

All Spirits are 50ml and come with a Mixer

Gin

Tanqueray London Dry	10
Bombay Sapphire	10
Beefeater Blackberry	10
Edinburgh Gin - Rhubarb & Ginger	12
Hendrick's	12
Roku Japanese Craft	12
Monkey 47 Schwarzwald Dry	15

Rum

Plantation Trinidad Original	10
Havana 7 Year Old	10
Mount Gay Barbados	12
Wray & Nephew White Overproof	12
Flor De Cana 12 Year	12

Whisky

Johnnie Walker Black Label	10
Maker's Mark Bourbon	10
Dalwhinnie 15 Year Old	14
Proper Twelve Whiskey	12
Monkey Shoulder	12
Macallan 12 Year Old	15

Vodka

Grey Goose	12
Belvedere	12
Au Vodka Fruit Punch	12
Au Vodka Black Grape	12
Au Vodka Red Cherry	12
Au Vodka Blue Raspberry	12
Au Vodka Bubblegum	12

Brandy

Courvoisier VS	10
Martell VS	10
Hennessy VS	12
Remy Martin VSOP	10
Remy Martin XO Premier Cru	58

House spirits available on request.
There is a £2 supplement cost for Red Bull & ginger beer.

- SHOOTERS - 8 -

Jam Doughnut	Baileys & Chambord with a sugar crusted rim
Jäger Bomb	Jäger shot, with half a can of energy drink
Skittle Bomb	A Jäger bomb, with Cointreau instead
Head Shot	Kahlua, Baileys and a squirt of whipped cream
B52	Kahlua, Baileys and Cointreau

- SHOT BOARDS -

6 SHOTS PER BOARD

Pick your combo

VOKDA

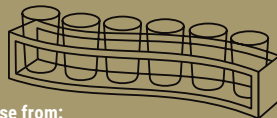
25ml DSTLD Vodka Liqueur - Choose from:
Lemon, Salted Caramel, Cherry, Coconut, Espresso or Pomegranate

TEQUILA

25ml Tequila 1800 Coconut
25ml Tequila Cazcabel Honey Liqueur
25ml Tequila Rose Strawberry Cream Liqueur

Extra Supplement Charge £3 each

25ml Tequila Patron Anejo
25ml Tequila Patron Silver
25ml Tequila Cazcabel Coffee Liqueur
25ml Tequila 1800 Grand Reserva Reposado



25

- BOTTLED & DRAUGHT BEER -

Amstel Lager 568ml (Half/Pint)	4/6.75
Birra Moretti Lager 568ml (Half/Pint)	5/7.15
Beavertown Neck Oil 568ml (Pint)	8.5
Guinness Surger 568ml	7.8
Peroni Lager 330ml	5.25
Peroni Libera (Alcohol Free) 330ml	4.5
Sol Original Lager 330ml	4.5
Doom Bar Ale Bottle 500ml	6.6
Magners Cider 568ml	6.75
Old Mout Kiwi & Lime 500ml	8
Old Mout Strawberry & Apple 500ml	8

- HOT & COLD DRINKS -

Pepsi, Diet Pepsi	3.5	Tea	3
or Lemonade		Earl Grey, Breakfast, Green or Mint	
Rose Lemonade	5.75	Espresso	3
Apple & Raspberry J20 275ml... 4		Filter Coffee	3
Ginger Beer	5.75	Latte	3.5
Appletiser 275ml	4.9	Cappuccino	3.5
Red Bull	4.85	Americano	3
Fresh Juice	4	Liqueur Coffees	7.5
Bottle Water (Small)	3.5	Hot Chocolate	3.5
Bottle Water (Large)	5	Baileys Hot Chocolate	8
NEW Trip CBD Infused 250ml.....	5		
Elderflower Mint or Peach & Ginger			

- WHITE WINE -

Arens House White	125ml - 6.5 • 175ml - 7.2 • 250ml - 9.3 • Bottle - 24
Bel Canto Pinot Grigio Catarratto - Italy	Nectarine, apricot and peach are in perfect balance 125ml - 8 • 175ml - 8.8 • 250ml - 11.4 • Bottle - 29.5
Langouere Trebbiano Chardonnay Rubicone - Italy	Intense, with tropical fruit and flowers 125ml - 8.4 • 175ml - 9.2 • 250ml - 11.9 • Bottle - 31
Bantry Bay Chenin Blanc - South Africa	Delicate floral notes and subtle pineapple fruit 125ml - 9 • 175ml - 9.9 • 250ml - 12.8 • Bottle - 33.2
Fernlands Sauvignon Blanc - New Zealand	125ml - 9.8 • 175ml - 10.7 • 250ml - 13.9 • Bottle - 36.5 Gooseberry and green pepper mingle with mango and guava
Valle Berta Gavi - Italy • Bottle - 36	Characteristic aromas of lime zest and minerality
El Cante Albariño - Spain • Bottle - 36	Nectarine, apricot and peach are in perfect balance
Petit Chablis Domaine Louis Moreau • Bottle - 70	Refreshing and clean, with subtle mineral complexity
Chateau De Chassange Montrachet • Bottle - 80	2014 Vintage, with Peach, Pear and Apple notes

- RED WINE -

Arens House Red	125ml - 6.5 • 175ml - 7.2 • 250ml - 9.3 • Bottle - 24
Gufetto Montepulciano - Italy	Scents of red and black berries w/ a peppercorn spicy aroma 125ml - 8.2 • 175ml - 9 • 250ml - 11.7 • Bottle - 30.2
Crescendo Merlot - Italy	Notes of red berries, extraordinarily round and complete 125ml - 8.1 • 175ml - 9 • 250ml - 11.6 • Bottle - 30
Camino Acero Malbec - Argentina	Juicy Malbec with lots of pure blackcurrant fruit character 125ml - 9.1 • 175ml - 10 • 250ml - 12.9 • Bottle - 33.5
Five Ravens Pinot Noir - Romania • Bottle - 36	Classic bright red fruit flavours and spicy note you would expect
Conde De Castile Reserva, Rioja - Spain • Bottle - 36	Harmonious blend of dried, stewed fruits and nuances of leather, vanilla and tobacco
Esprit de Lussac, St-Emilion - Bordeaux • Bottle - 41.5	Juicy black fruit on the nose and cranberry on the palate
Châteauneuf-du-Pape, Les Puits Neuf • Bottle - 80	Showing violets and sweet red berries on the nose

MILKSHAKES
- 10.5 -
Available Until 10pm

Oreo
Biscoff

Nutella
Vanilla

- ROSÉ -

Crescendo White Zinfandel - Italy	Balance between soft tannins, acidity and residual sugar 125ml - 8.5 • 175ml - 9.4 • 250ml - 12.1 • Bottle - 31.4
Bel Canto Pinot Grigio - Italy	Delicate, fresh, with a good structure 125ml - 9 • 175ml - 10 • 250ml - 12.9 • Bottle - 33.3
Whispering Angel Rosé 2019 - France • Bottle - 60	Elegant hints of peach, rose water and summer berries

- SPARKLING WINE -

Arens House Prosecco - Italy • By Glass - 9 • Bottle - 37
Non Alcoholic Prosecco • 200ml Bottle - 10

- CHAMPAGNE -

Arens House Champagne • Bottle - 55
Moët & Chandon Impérial Brut • Bottle - 75 A perfect balance of Pinot Noir, Chardonnay and Pinot Meunier
Veuve Clicquot Yellow Label Brut • Bottle - 90 A fine balance between fruity aromas and more subtle toasty notes
Laurent-Perrier Champagne Cuvée Rosé Brut • Bottle - 100 Freshness and unique aromas of fresh-picked red berries
Louis Roederer Cristal • Bottle - 350 Aromas of crushed white flowers, ripe citrus and red berry fruits

- PORT & DESSERT WINE -

Mulled Wine - 8 Red Wine, Cinnamon, Star Anise, Cloves, Orange, Lemon Zest & Maple Syrup
Croft Reserve Tawny - 125ml - 8.2 Dried apricot, roasted almonds & walnuts
Elysium Black Muscat - California - 125ml - 9.5 Beautiful soft strawberry flavours with floral notes

- SMOOTHIES - 7 -

Arens Passion Pineapple, Mango, Passion Fruit	Tropical Punch Mango, Pineapple, Strawberry, Kiwi, Coconut
Strawberry & Banana Split Strawberry, Banana	Green Machine Kale, Spinach, Mango

PLEASE NOTE: If you require a bottle that is not on this menu, please do not hesitate to ask and we will do all we can to provide it for you.